

The embodiments of the invention in which an exclusive property or privilege is claimed are defined as follows:

1. A coupling device comprising:  
a device body constructed of a pliant material, said body including a first end and a second end, said first end including a first loop defining a first opening and said second end including a second loop defining a second opening.
2. The device of Claim 1, wherein said first opening is dimensioned such that said second loop may be routed through said first opening.
3. The device of Claim 1, wherein the second opening is larger than said first opening.
4. The device of Claim 1, wherein said first and second openings have central axes, said central axis of said first opening being non-parallel with said central axis of said second opening.
5. The device of Claim 1, further comprising a size adjustment collar frictionally movable along the device body, wherein said collar adjusts the size of said second opening as said collar moves along said second loop.
6. The device of Claim 1, further including a mechanical fastener system having first and second cooperating components, wherein one of said components of the system is secured to said first loop and the other of said components is secured to said device body.
7. A method of making a coupling device, comprising:  
obtaining a strip of pliant material having first and second ends;  
forming a first loop at said first end of said strip; and  
forming a second loop at said second end of said strip.
8. The method of Claim 7, further comprising  
sliding a size adjustment collar over said second loop.
9. The method of Claim 8, wherein said collar frictionally engages said strip.

10. The method of Claim 7, wherein forming said first loop includes removing material from said first end of said strip, thereby forming a first opening.

11. The method of Claim 10, wherein the material is removed by a cutting or punching process.

12. The method of Claim 7, wherein forming the first loop includes bending the first end of the strip downward and in front of the remaining portion of said strip, and  
securing said first end to said remaining portion of said strip.

13. The method of Claim 7, further comprising attaching a mechanical fastener system to said strip.

14. The method of Claim 7, wherein forming said second loop includes bending said second end of the strip upward to a position juxtaposed the remaining portion of said strip, and  
securing said second end to said remaining portion of said strip.

15. A method of using a coupling device for providing redundant attachment between an arm of a user and a device having a closed handle, the method comprising:

obtaining a coupling device having first and second ends, said first end including a first loop defining a first opening and said second end including a second loop defining a second opening;

routing said first loop through the closed handle;  
inserting said second loop through said first opening; and  
pulling said second loop through said first opening to tighten said coupling device to said closed handled device.

16. The method of Claim 15, further comprising sliding the second loop over a wrist of a user.

17. The method of Claim 16, wherein the coupling device further comprises a size adjustment collar slidably coupled to said second loop.

18. The method of Claim 17, further comprising  
sliding said size adjustment collar along said second loop in the direction of the  
user's wrist.